



# Equine-Assisted Therapy News

## From The Director's Desk ...



Sept 11<sup>th</sup> turned out to be a great day for our very first horseshow! The rain stopped, the sun came out, Channel 11 was there filming and I saw so many joyful smiles, and not just on the kids! It was terrific!

First and foremost! Congratulations to our blue ribbon winners:

Ainsley Beirling \* Sabrina Blaes \* Samantha Cassaday \* Elyse Claywell \* Xandria Conway \* Jenny George \* Avery Haney \* Tyler Hannegan \* Grace Miller \* Christa Moore \* Henry Orahood \* Katie Oswald \* Jason Palmer \* Josie Portell \* Lily Rogers \* Marin Rust \* Alicia Rutherford \* Emily Schmidt \* Bonnie Steinmetz \* Spencer Terry \* Alexandria Venosdale \* Drew Zimmerman

You all made us beam with pride when you showed off the horsemanship skills you've learned at Equine-Assisted Therapy.

Thanks to the many volunteers who made this day possible from Steve Smyth singing the National Anthem to Bob and his . . . jokes . . . ( how long will it take us to erase those from our memory? ☺ ) to the cooks, judges, parking patrol, Poo Crew, our instructors and all those who kept things clicking in the arena. From set up to tear down . . . we had the most amazing people making sure every detail was in order. (And the horses were pretty good today as well!)

It was lots of fun and I think it's unanimous that EAT look toward a 2<sup>nd</sup> Annual Horseshow in 2012.

Thank you one and all!

♥ Ginni





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## EAT Spotlight on . . . Linda Taylor

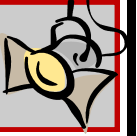


Meet Linda Taylor . . .

Linda has been a volunteer with EAT for many years and has shared her wealth of Parelli horse training knowledge with us as we introduce new horses, deal with issues in our current herd and in just keeping our 'boys' happy.

Her soft touch with both people and horses may come from her years as a 1<sup>st</sup> grade teacher but I have a feeling she was just born that way. Linda finally graduated from 1<sup>st</sup> grade last year and is now enjoying retirement with her husband Dick, who sits on EAT's Board of Directors.

We're hoping that, now that Linda has a little free time on her hands, she'll consider becoming a certified instructor! Equine-Assisted Therapy is fortunate indeed that Dick and Linda have such giving hearts and have chosen us as their charity.



## EAT Golf Tournament

A special thanks goes out to all those who sought to make this years golf tournament a success! - Even though this years tournament had to be canceled we will try again next year in hopes of a more celebratory economic atmosphere! See ya'll there!

Terri Jordan donated golf umbrellas for the golfers  
Sport Services for the burgers & dogs !

Mike & Shannon for the signs  
Yellow Farm House Vineyard

Grey Eagle  
Ameristar

Chris' Pancake House  
Harold & Sonya Helmkampf

MTC Construction  
Lazy River Grill

Missouri Botanical Garden  
Missouri History Museum

St. Louis Brewery  
Candicci's

Upper Limits  
St. Louis Symphony

Mark Grieman

First Community  
Don & Sally Morton

Magic House  
Drury Hotels

Waddell Concrete  
Brunswick Zone

Tower Tee  
Massage Envy

Woodard  
Biggie's Restaurant

St. Louis Symphony  
Gray's Saddlery

## Assistance from McCarthy Construction

On Wednesday August 24<sup>th</sup> a group of 10 employees from McCarthy Construction came out to spruce up our little piece of heaven in Wildwood! They painted our new front door, flower boxes, front gate and benches, pulled weeds, pruned trees & shrubs, stained our new hay mangers, picnic table and finished staining the outdoor arena and extended the retaining wall at the far end of our arena. They also removed boulders along the tree line on 109 according to the request of the Highway Dept. We would like to thank Dana Barger for putting all this together for us and all the wonderful people who came out to give us a hand!

LeFauve, John \* Andersen, Ben \* Barger, Dana \*  
Davidson, Kerrie \* Manju, Mani \* Gee, Troy \* Gee,  
Chris \* Clark, Sherry \* Langford, Angela \* Rick Phelps





# Equine-Assisted Therapy News



## Thank You . . .



- ♥ Bill Schmidt - Farrier
- ♥ David Hunt—St Louis Equine Veterinary Services
- ♥ Homestead Veterinary Hospital
- ♥ ATT United Way Employee Giving Campaign :
  - Ω Karen Ernst
  - Ω Carol Collins
  - Ω Kathleen Milton
  - Ω Denise Hill
- ♥ First Community Credit Union & Mark Grieman for donating their hole sponsorship money back to EAT after the cancellation of our golf tournament
- ♥ McCarthy Builders :
  - Ω Joe & Kristin Downey
  - Ω Dana Barger
- ♥ Wells Fargo Community Support Campaign :
  - Ω Keith Pey
- ♥ Gaye & Ron Ragen in memory of Ray & Alma Niere
- ♥ Janet Binder
- ♥ Karen Zimmerman
- ♥ Kara Stark held a birthday party with all donations going to EAT
- ♥ Peggy Browne
- ♥ Tammi Carl
- ♥ Thanks to all who have been collecting/forwarding Purina coupons . . it is saving EAT 100's of dollars on grain expense every year.
- ♥ All who put countless hours into organizing our first ever horseshow!
  - Ω Danielle Brantley
  - Ω Renee Dahlman
  - Ω Kristin Downey
  - Ω Michelle Ennenbach
  - Ω Karen Ernst
  - Ω Shannon & Mike Haney
  - Ω Mary Ladd
  - Ω Lonnie Leavitt
  - Ω Caryn Mundell
  - Ω Eileen & Craig Palmer
  - Ω Gaye Regan
  - Ω Terri & Sheila Richards
  - Ω Lori Rood
  - Ω Marti Schlegel



## More Thanks



- Ω Dick & Linda Taylor
- Ω Vicki Vogt
- Ω Karen & Joe Zimmerman
- Ω And the wonderful EAT volunteers who came out to groom, tack, sidewalk, lead, cook, sell, judge, MC, set up, tear down and, in general, keep things safe and running smoothly



EAT would like to especially thank Shelby Anderson for donating 50 round bales of hay from his fields here in Robertsville. Shelby was referred by volunteer Jeannie Carr and we couldn't be more grateful for both; Jeannie being ready to tell Shelby about us when the opportunity arose and Shelby being so generous in his giving from the fruits of his labors. Thank you Shelby!



**Thanks so much to the Muehlhauser family!**

A huge thanks befits the huge activity center Carlyn Muehlhauser built for Equine-Assisted Therapy. Carlyn built this center as a Girls Scouts Gold Award project and offers our participants a fountain of fun activities that will include the actions of gross/fine motor, problem solving, tactile, hand/eye coordination, left/right processing, creativity and so much more.



"Gaye is EAT's "Ghost Writer"! She sends birthday cards, thank you notes and get well cards when the occasion arises. Gaye has been a friend of EAT since our opening in Wildwood and we are so grateful for her help and support!"



# Equine-Assisted Therapy News



## EAT's Barn Buddies



EAT has some very important behind-the-scenes volunteers who give our therapy horses all the love and attention they need every day. They are called EAT's Barn Buddies and there are enough of them to check in on our guys at both the T&C and the Wildwood locations every morning and every evening of every week, 52 weeks a year! What a wonderful group of volunteers. We asked some of Barn Buddies to share a highlight from the experiences . . .



♥ "Not long ago a man e-mailed concerned that the horses seemed to be sick (in actuality just drooling) and also concerned that there didn't seem to be anyone checking up on them. Imagine how nice it was to be able to reply and explain to them that we have a lovely team of Barn Buddies that take care of the horses twice a day, making sure that they have fresh clean water in the buckets and the trough and that they're healthy and happy each and every day. Both concerned gentlemen were happy and satisfied to know that the horses are never without care. And how nice is it that we have people that walk through every day and care about our horses as much as we do? "

♥ "There's not a time that I'm at the barn at Town & Country that we don't hear someone in the brick room commenting about how clean and fresh smelling the barn is too. People notice and they absolutely love to hear that there are people that give their time freely to make sure that the barn, cat and horses are all well maintained."

***Our Barn Buddies are a special team of volunteers that we appreciate so much – they are there for our horses day in and day out even through the extreme variations in weather we often experience in St. Louis.***

Ann Warden \* Anne Kosem \* Arthur, Sandy and Jennifer Fitzgibbon \* Annika Frederickson \* Bethany & Zoe Goff \* Carol Ailor \* Cheryl Anderson \* Denise Bertrand \* Diana Dunbar \* Mitch Ennenbach \* Jane Harrison \* Kristin Downey \* Mary Ladd \* Larry Diamond \* Laurie Marchel \* Lili & Kevin Tsao \* Patty & Maggie Feder \* Jim & Marti Schlegel \* Mary Jacob \* Mary & Victoria Marston \* Peggy Browne \* Rev. John Robinson \* Sabina England \* Sara Juengel \* Sharon Hartmann \* Eileen Palmer \* Karen Zimmermann \* Kristine, Jordyn & Taylor Smith \* Mary Stadter \* Shannon Haney \* \* Patty Abele \* Steve Akre \* Tiffany Martha \* Vicki Vogt \* Caryn Mundell \* Karen Ernst \* Lisa Hensley \* Melissa Falvey \* Jennifer Heuer \* Mary Jacob \* Lauren Oliver



♥ "My absolute favorite barn-buddy experience occurred 12/25/09. Our family has mixed Christian & Jewish heritage, and I love all the December holidays. Christmas Morning, 2009, the park was cold and deserted, and Joe, Bubby and I enjoyed each other's company in the cold-quiet-stillness of the barn. As I went through my routine, I couldn't help but be struck by the fact that I was spending Christmas morning in a stable, filling the mangers with hay. And I thought there was no where else on earth I'd rather be that morning than in that stable with "my" horses, and the hay...I have to say, it was truly a religious experience.

♥ "What do I love most about caring for EAT horses? I especially enjoy the evening winter feeding - the light is fading, and the horses have just finished eating and are wandering back out to the pasture. The stalls have clean, fluffy bedding, water buckets are full, and the world is momentarily at peace! "

♥ "I have to say my daughter Victoria and I Love being around the horses. We love hanging out at the barn "Playing" with the boys. People say, how do you play with horses? - I don't know we just hang out with them, brush them, talk to them . . And of course we can't forget Onyx. We can not have a cat or a horse ourselves, so this is the next best thing, and that it helps so EAT can have the therapy at Long View is all the better. It is our pleasure to be a part of the Barn Buddy program"

If you are comfortable with horses and would like to become a Barn Buddy - contact Dee Brantly for more information !

Dee Brantly \* email: [EATherapy@gmail.com](mailto:EATherapy@gmail.com) \* Phone: (314) 607-7061



# Equine-Assisted Therapy News

## Vote For EAT !! Monsanto Grow St. Louis Contest

EAT wants you to vote for your favorite non-profit organization - Equine-Assisted Therapy!!! It won't cost you anything but a few minutes of your time. We are entered in the Monsanto Grow St Louis Contest! Monsanto is pledging to award \$15,000, \$10,000 and \$5,000 to the 3 local projects who get the most votes to help St Louis grow! EAT is definitely growing in St Louis! And - big surprise - we can REALLY use the money as we build our arena!



So PLEASE, PLEASE, PLEASE log on to [www.stlgrown.com](http://www.stlgrown.com) , TODAY!!!! And every day thru Oct 16th, and vote for EAT as your favorite non-profit! (and tell all your friends to vote for us too!) You can vote up to 100 times a day! The winner will be announced Oct 24<sup>th</sup>.

**\*\*\* IMPORTANT \*\*\*    \*\*\* IMPORTANT \*\*\*    \*\*\* IMPORTANT \*\*\***

Please cast your 100 votes per day for EAT at [www.stlgrown.com](http://www.stlgrown.com) Or take the easy, direct route with the address below! After you vote, Monsanto will send you validation e-mails for you to confirm to make your vote count : <http://www.monsanto.com/stlouis/Pages/grow-STL-contest-voting-form.aspx?v=193#.ToXSK7tjepc.email>

You can be sure you won't miss the date by liking [stlgrown](#) on Facebook or following [#stlgrown](#) on twitter.

Thanks everyone!    ❤️ *Ginni* \_

## Upcoming Events . . .



### **\*\*\* EAT RAFFLE !!    EAT RAFFLE !!    \*\*\***

EAT is holding a raffle! 200 tickets are being sold for \$25 each for a chance to win \$2500, \$400 or \$100! Contact your favorite EAT person to get your ticket by Nov 7<sup>th</sup>. Drawing will be held Nov 14<sup>th</sup> - you need not be present to win - just in time for holiday shopping!

### **\*\*\* Community Days !!    Community Days !!    Community Days !!    \*\*\***

Mark your calendar and come out for Town & Country's Annual Community Days event! Lots of fun for the whole family! Pumpkin painting, tour a fire engine, pony rides, food, etc. . . . Pony rides & concessions provided by EAT, Babaloo, Bubble Bus, Pumpkin decorating, wear your costume for prizes provided by the city of Town and Country. EAT volunteers needed for the pony rides! at Longview Farm Park \* 13525 Clayton Rd at Mason \* from 9 - noon \* Oct 22<sup>nd</sup>

### **\*\*\* Volunteer Picnic !!    Volunteer Picnic !!    \*\*\***

Celebrate good times - come on! October 29<sup>th</sup> at our Wildwood location we will be celebrating all of our fabulous volunteers! There will be games, prizes, food, a live band, a bonfire and the annual coronation of the King and Queen of volunteers! Picnic starts at 4 pm.





# Equine-Assisted Therapy News

## Equine Assisted Therapy - Contact Info

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visit our web-site: [www.equine-assistedtherapy.org](http://www.equine-assistedtherapy.org)

**EAT on TV !!**

Check it out . . .

Watch for us on  
St Louis Business,  
Channel 11, Oct 9 @ 9 am!

**We Love Our Volunteers !!**

ADDRESS SERVICE REQUESTED

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