



# Equine-Assisted Therapy News

## From The Director's Desk ...



Welcome to session 1 of 2011. We've had a lot of fun seeing all of our friends from 2010 but also welcoming new volunteers and participants! The weather has been 'iffy' - typical for a St Louis Spring - but cancellations have been few. The instructors have reported some wonderful stories, ah-ha instances and true Kodak moments. I'd love to hear your stories as well.

But not only have classes been underway - you may have noticed the beginnings of construction at our Wildwood site as well as lots of wonderful people who have come out to offer their services to clean, mow, rake, paint, chop, create, build, shine, sweep, you name it and it's been done to our facilities this Spring. For all your help we are truly grateful.

Session 2 is just around the corner (June 6<sup>th</sup>) and classes are filling quickly. We look forward to all it has in store for EAT, it's volunteers, participants and our therapy herd.

♥ Ginni



A huge thanks to Denise Bertrand & Terri Jordan for arranging a fabulous day of service through their church, Living Word of Wildwood. This group of 40+ individuals hoisted rocks, picked up trash, chipped dead trees and branches, erected and repaired fencing, created a landscaped corner on our outdoor arena and so much more.

Their help was heaven sent! Thank you all!





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## Now Showing . . . EAT on ABC ?

What an exciting time at Equine-Assisted Therapy! I was pretty sure I was being Punk'd when a call came in from ABC Studios in Los Angeles a few weeks ago asking if we'd be interested in speaking with their Casting Producer about doing a spot on a new program they are working on that will air on Saturday mornings. Since then, Taylor Branson, Allison Smyth and I have been interviewed and videotaped and now have our fingers crossed that all will go well on ABC's end. If so, they would like us to have a horse show that they can bring a film crew in for, sometime in September. We'll keep you all posted!



## Our Participant of the Month - Ainsley Beirling

The EAT Participant Spotlight is shining on Ainsley Beirling. Ainsley and her family recently took a wonderful trip to Shanghai. Not only did Ainsley get an opportunity to ride horses while in Shanghai but she also had the unique experience of riding elephants while they were there.



Do you think . . .

"PAT" — Pachyderm-Assisted Therapy will catch on here ?



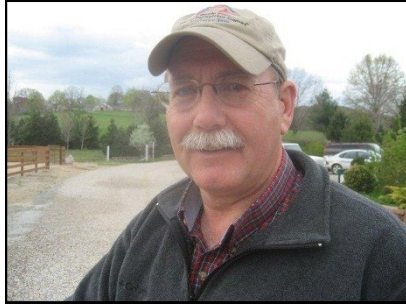


# Equine-Assisted Therapy News

## Volunteer Spotlight . . .



Rick Turner came to EquAT when the doors at Wildwood first opened. He introduced himself and went right to work



checking out all of our donated tack for safety and quality and has since helped to sell what we can't use and find what we are in need of. He is a wealth of knowledge when it comes to saddles, saddle-fitting, and methods for making our equines more comfortable in their service to our participants. Thanks so much, Rick, for coming our way!

## Tips From Expert Horseman, Clinton Anderson



Watch your language!

Horses are experts at reading body language. When you work with your horse, you must be aware of what you say to him non-verbally because he is always aware of it, even if you're not. This means that you need to be very consistent with your body language. When you want the horse to relax and stay calm, your body language must be very relaxed. If you want the horse to move, your body language should be more assertive and direct.



## Morgan Stanley — Volunteer Incentive Program Donation



Equine-Assisted Therapy sends out a big thank you to Larry Diamond, EAT volunteer and Morgan Stanley employee, for his part in bringing in a \$2,500 donation from Morgan Stanley as part of their Volunteer Incentive Program. Larry and his wife Laura, not only volunteer as leaders and sidewalkers in our regular classes but we've found Larry is quite handy with a tool box as well. He quietly goes about taking care of any need he sees to make sure our Town & Country location is well maintained and safe for human and horse!

*EAT thanks you both ! Programs like ours could not exist without supporters like you.*

Larry himself would like to add:

" I want to thank Morgan Stanley for their generous support of such an important community volunteer organization "

## Meet "Shoes of Iron"



Shoes of Iron is a 20 year old appendix Quarter Horse donated by the Roberts family as a sure-fire bomb proof horse for Equine-Assisted Therapy. He has been a beloved member of the Roberts family for many years as a trail horse, show horse, lesson horse and class clown! He is truly a character!





# Equine-Assisted Therapy News

## ♥♥ Thank You from EAT ♥♥

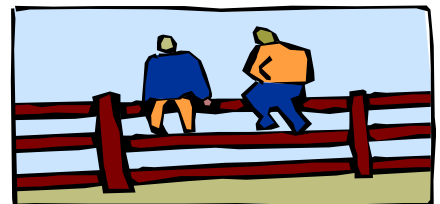
- Ω Bill Schmidt - ferrier
- Ω Homestead Veterinary Hospital
- Ω St Louis Equine Veterinary Services - David Hunt
- Ω Peggy Brown—provides our older horses a supplemental food additive for joint issues for which they are so-o-o-o grateful!
- Ω Robin Vogt - embroidered shirts for instructors
- Ω Danielle Brantley & Eileen Palmer for their creative artwork on our T&C office
- Ω Those who helped move our therapy horses around on April 1<sup>st</sup>
  - Ω Danielle Brantley
  - Ω Joe and Kristin Downey
  - Ω Tiffany Martha
  - Ω Caryn Mundell
  - Ω Melody Roberts
  - Ω Steve & Allison Smyth
- Ω Those who came out to prepare our facilities for opening day:
  - Ω Danielle Brantley
  - Ω Nathaniel, Pam & Julia Brose
  - Ω George, Denise & Emily Mausshardt
  - Ω Emily Meier - updating our files
  - Ω Caryn Mundell
  - Ω Gary Hartke & Mike Natoli
  - Ω Eileen Palmer
- Ω AT&T Employee Giving Campaign
- Ω The Gaea Foundation
- Ω The MLS Foundation
- Ω Thanks to those who stepped in to help make our 4 volunteer orientation session very , VERY successful!
  - Ω Carol Ailor
  - Ω Eileen Palmer
  - Ω Sheila Richards
  - Ω Wayne Schaeffer
  - Ω Allison Smyth
  - Ω Vicki Vogt
  - Ω More than 80 new volunteers joined EAT's mission to enhance the quality and productivity of our participants lives!
- Ω Donations made in honor of Lee Stecks birthday! Happy Birthday Lee!
  - Ω Mike Vorhies
  - Ω Lee Steck



- Ω Stephany Cunnane made a donation in honor of Angie Sawyer
- Ω Ian & Melanie Halley donated \$50 in memory of their sons, Graham & Derek
- Ω Bill Chafin, CEO of Reach Out America
- Ω Gerald Steiner referred EAT to his place of business, Monsanto, for the Employee Matching Gift Program
- Ω Wendy Brockman
- Ω Tracy Goring
- Ω First Community Credit Union held a Casual Day at all of their St Louis Area branches gathering \$1200 for EAT! Thanks you guys! We love you too!
- Ω Volunteer Susan Hood referred us to her friend Allison Burgess who donated 130 bales of very nice hay!
- Ω Don Gerth adopted T&C therapy horse, Dusty, for 2011
- Ω Morgan Stanley, through the efforts of Volunteer Larry Diamond, has donated \$2500 to EAT
- Ω Thank You to Karen Huff & Debbie Ehlen for caring for our planters at the Wildwood location. They trimmed the weeds, sprayed the large planter and redid the planter boxes adding flowers and mulch. They make sure to water things when they do their volunteer work.
- Ω Susan & Ronald Williams made a donation to Equine-Assisted Therapy in honor of Linda Taylor's retirement! Congratulations Linda !!
- Ω Jen Hall - Parelli trainer donated her time and expertise to work out some kinks in our therapy herd. Thanks Jen! We had lots of fun and learned so much!
- Ω Girl Scout Council thru Toni Palm - donated all money left over after disbanding a local troop. Thanks Girls!



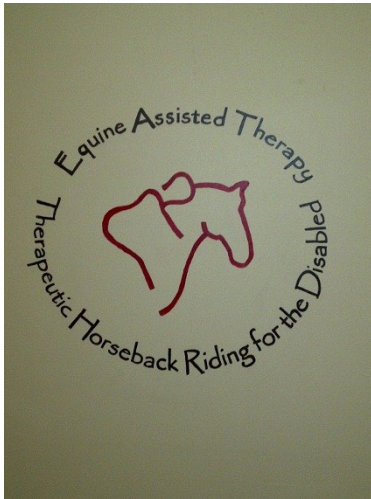
## We Love Our Volunteers!!!





# Equine-Assisted Therapy News

## ♥♥ EAT Artwork ! ♥♥



Special thanks to Danielle Brantley & Eileen Palmer for their creative artwork at our Town & Country Location. They painted this EAT Logo on the T&C Office Wall.

## ♥ Living Word Church ♥

A crew from the Living Word Church came out to our Wildwood facility for a day of work and service. . They picked up sticks, rocks, trash, built a beautiful landscaped wall around the far end of our outdoor arena, cleaned out the building, stained the outdoor arena, removed some old posts, knocked the concrete off and set them where they can be reused for the new pasture in the LaSalle field. Thank you to all who came out and helped !!

Terri Jordan & Logan Jordan  
Laura Becker & Bailey  
Denis, Vicki & Adam Echele  
Sue DiPiano & Melodie  
Brenda Waterhouse  
Denise Bertrand and  
Brian, Ian & Jerry Steiner  
Amy Barlow & Samantha  
Todd & Amy Wahl Kourtney, Emma, Tanner  
Steve & Lauren Jenning  
Joyce Jackson  
Seth Ludwig  
Adam Brown

## ♥♥ EAT Giving Tree ♥♥

The Giving Tree is a beautiful wooden plaque with bronze leaves in our Town & Country barn at Longview Farm Park.

On every leaf is the name of a donor who has given \$2500 or more to benefit Equine-Assisted Therapy and help meet the needs of daily operation within the program.



The most recent "leaves" added to our Giving Tree include donations from :

- ♥ Dana Brown Charitable Trust
- ♥ The Gaea Foundation
- ♥ Mary Lou Shannahan Foundation
- ♥ Knights of Columbus - Christ prince of Peace
- ♥ The St Louis Christmas Carolers Association

## ♥ EAT Upcoming Events ...

- ◇ Variety Club Camp comes to EAT June 20<sup>th</sup> and July 11<sup>th</sup>
- ◇ Photographer Christine Brewer comes to our Town and Country Facility the week of June 20<sup>th</sup>
- ◇ Make-up for Wildwood Wednesday classes - June 15<sup>th</sup>
- ◇ Make-up for Wildwood Saturday classes - June 25<sup>th</sup>
- ◇ EAT 7<sup>th</sup> Annual Golf Tournament - Saturday Sept 24<sup>th</sup>



# Equine-Assisted Therapy News

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