

Equine-Assisted Therapy NEWS

Volume 2, Issue 1

February 2005/March 2005

Participant Spotlight



Our Spotlight is on Rachel W. Rachel is 5 years old and likes to play with her sister Abby. She also likes playing with her dolls. Her favorite color is pink and her favorite movie is Scooby-Doo. Rachel likes all animals including snakes and lizards. Her favorite food is ice cream, especially with sprinkles. Like most of us, she does not like it when things don't go her way. The thing she likes best about EAT is riding Cisco and all the wonderful people here at EAT! She really enjoys going on a trail ride. Rachel looks forward to coming to EAT every week. She gladly grabs her helmet and climbs into the car when her mom says it's time to go ride Cisco.

We are so glad that Rachel comes to visit us each week. Thank you, Rachel, for being part of the EAT family.

Volunteer Spotlight (New Instructor)

Kristin Downey has been riding horses almost all of her life. She first found out about EAT from the Current news paper, almost a year ago. Kristin and her husband Joe have both been involved with Eat. She works part time at Jefferson Bank and Trust in Eureka. Kristin has a 2 1/2 year old Weimaraner named Magnum, who has lots of endless energy. Kristin's hobbies include Horse back riding, working at EAT, riding the four wheeler, planting flowers, and taking photos. Kristin likes animals, the outdoors, family and friends. She does not like doing dishes and laundry. (Sound familiar). When asked why did volunteering interest you? "I just loved the idea of sharing my love of horses with others, and helping people in the process."

There are so many great stories that goes along with EAT, that I just can't pick one. I just love coming to the program knowing that I am going to help make someone's day, and put a smile on their face. Not only am I helping others, but they are helping me as well.

Kristin passed the NARHA certification and is now an instructor for EAT.

Congratulations Kristin!

INSIDE THIS ISSUE

- 1 Participant Spotlight
- 1 Volunteer Spotlight
- 2 How you can Help
- 2 Birthdays
- 3 Thank You's
- 4 Contact Us
- 4 Calendar of Events

Spring is here.... Come out and enjoy it!

Now that Spring is here....We want to invite all of you that have been wanting to get involved with EAT to come out. Whether you are a participant or volunteer, we want to encourage you to join us for an upcoming session.

I would like to THANK everyone that made our wintry lessons possible by making the supreme sacrifice of leaving the warm comfort of their homes and braving the very cold, snowy, icy, evenings at EAT.

How You Can Help

Donations

You can make a contribution to Equine-Assisted Therapy, Inc. at any time, for any purpose, by sending your check to Equine-Assisted Therapy, Inc., 644 Old Smizer Mill, Fenton, MO 63026. If you want your donation used for a specific purpose, please note it with your check. You will receive a receipt for your tax-deductible donation.

Volunteer

Please refer us to anyone you know that might be interested in volunteering. All volunteers must be at least 14 years old.

Thanks to a wonderful article in the Meramec Valley Current News, a mailing sent to all area high schools and a presentation Gary gave to the Lafayette High School Key Club, we have received many inquiries and several volunteers. **Welcome** to all the new volunteers:

Elizabeth Angelo, Danielle Brantley, Sarah Calhoun, Stephanie Crecelius, Shellee Dwyer, Ted Eckelkamp, Matt Eckelkamp, Morgan Fast, Nick Flavin, Bob Griner, Judee Hewitt, Traci Hoover, Jeannie Jacobs, Andrea Kern, Cindy LeClaire, Sarah Leonard, Joe Meiners, Nancy Misir, Lauren Patterson, Hannah Pey, Jessica Philbrick, Terri Richards, Lindsey Ring, Mike Roberts, Katie Schopmeyer, Casey Smith, Kristyn Stauber, Caitlin Talerico, Linda Taylor, Kelly Watts
Brenda Weiss, and Liz Wood

Go Shopping

Country Supply is donating 5% of all designated purchases to the horse organization of your choice.

Care Code: Equine-Assisted Therapy.

You can place orders at www.countrysupply.com

How to become an Instructor:

Get your Basic First Aid and CPR Certification

Become a NARHA member

Obtain NARHA registered instructor application

Take the CAT test from NARHA; 90% or better to proceed.

Take the Registered Instructor Exam; 92% or better.

Obtain 25 hours of “clinical” work at EAT

Attend and pass a NARHA Registered Instructor On-site Workshop and Certification where you will show how you instruct a class and show your horseback riding abilities

April and May Birthdays

Be sure to wish these special participants and volunteers a very **Happy Birthday!**

Volunteers

Morgan Fast - April 2nd

Mary Ladd - April 8th

Brittany Lupardus - April 18th

Marlynn Wandersee - April 23rd

Steve Rekart - April 26th

Beth Schmaltz - May 3rd

Matt Ullrich - May 7th

Kaitlyn Taylor - May 9th

Caryn Mundell - May 11th

Marsha Simpson - May 12th

Sarah McDonald - May 14th

Kayla Gibson - May 17th

Bob Zeller - May 19th

Allison Hederman - May 26th

Participants

Alana Curth- April 18th

Elizabeth Kaufman- May 19th

Thank You to the many that have contributed!

Monetary Donation

Bev Owens and Cheryl Barnett gave EAT's name to their business, SAFECO, for a volunteer services grant. 2 new surcingles were purchased costing over \$500! Thank you Cheryl and Bev for your dedication and devotion to this great program!

Randy and Tamara Nelson for their monthly donation

Kimberly Boyer for directing her Jobs Daughters Fundraiser money to EAT

Donated Goods or Services

Tim and Chris Kraus for donating their QH gelding "Warrior" to our Town and Country location

Martin Bergin-brings all of our donated saddles up to safety standards for free

Gail Mueth for offering her equine massage therapy to our therapy horses for free. Misty LOVED hers!

Jessica Battles for the donation of rainbow reins

Thanks AGAIN to Kathy Schamel and The Golden Horseshoe for referring and sending so much fabulous used tack.

Thanks to Mitch Ennenbach for creating a new arena game for the kids....a spin-off of the game TWISTER...a lot of fun!

More and more Easter eggs are coming in for next years big Egg Hunt Fund Raiser! Thanks so much to everyone!

Two of our Able-Bodied participants from last summer, Marissa and Sarah Williams, have made bead bracelets to sell at their school to raise money for EAT. Some of the bracelets say Equine-Assisted Therapy, some have different horse breeds, and some have the names of our therapy horses which will be sold with a picture of that horse. Marissa has also started cleaning old horseshoes to paint gold and tie a ribbon on that says Equine-Assisted Therapy which she will sell to kids wanting to be in her "horseshoe club". What an ambitious young lady! We thank her with all our hearts!

Tracey Bruce for writing an article about EAT for the Meramec Valley Current News that brought us many, many phone calls for volunteers and participants

Steve Akre for doing all our taxes and financial paperwork (NOT an easy task!) pro bono

So many volunteers, participants and complete strangers! for donating toys from our "WANTED" list of needs

Mary Ladd has completed her Basic First Aide, CPR, NARHA membership and Center Accreditation Test. She has also started working towards her 25 hours of instructor practicum at EAT.

Cindy LeClaire has completed her BFA, CPR, NARHA membership and has started on her 25 hours practicum as well.

Two more of our EAT volunteers are preparing to work towards certification....Sharon Rockwell and Mitch Ennenbach! You go, Girls!

Fundraiser News

We received our check from Pizza Hut for our "EAT Pizza" night on November 23rd for \$144. Thanks to all who attended!

Busch Stadium fundraiser for April 10th raised \$790. We have 3 more games and can use more volunteers. Are you over 21? We need YOU! Contact Robin at Home- 636-405-1646 or Cell- 314-249-7868 for more information.

Town and Country Opening Soon!

We are still waiting for occupancy, but will begin working on improvements as soon as possible. Kristin Downey will be instructing classes at this location. Classes are tentatively set for Wednesdays and Saturdays. We are hoping to begin Session 3 with classes at both locations. Longview Farm Park is located at the corner of Clayton and Mason Roads in Town and Country. More details to come.

Check with Your Company!

Does your company have a program that contributes to organizations on your behalf for volunteer hours?
***If anyone has a business that will allow a small display of EAT brochures on their counter, please let us know.

Contact US

Email questions/comments to: ginnih@gtw.net

Call Ginni at 314-221-3642

Mailing Address:

Equine-Assisted Therapy, Inc.
644 Old Smizer Mill Road
Fenton, MO 63026

Program Address:

Crescent Farms
700 Lewis Road
St Louis, MO 63025

www.equine-assistedtherapy.org

For Participant Information:

Email questions to: slmizel@juno.com

Call Lauren at 314-892-8272

For Volunteer Information:

Email questions to: eatvolunteer@sbcglobal.net

Call Chris at 636-677-6611

Calendar of Events

2005 Sessions

Session 2 - March 21st – May 7th

Session 3 - May 16th – July 2nd

Session 4 - July 11th – August 27th

Session 5 - September 5th – October 22nd

Golf Tournament

NEW DATE- September 26th

Players Club (across from Crescent Farm)

Needed: pre-event committee members, Clubhouse volunteers, and course volunteers.

More details to come....

Busch Stadium

May 6th, July 24th, August 19th

Must be 21, but do not need to be an "official" EAT volunteer. We would love to meet some of the moms and dads of the teenagers.

We will need 12-14 volunteers per date!

Contact Robin Vogt for more information

Home- 636-405-1646 or Cell- 314-249-7868



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ADDRESS CORRECTION REQUESTED